

Friends: Our text this year is one we are all familiar with, "Theosophy" 1904. A very special book, written in a very special way that calls for intense cooperation on the part of the reader. ###, his origins and destination is a theme worthy of repeated study, and it lends itself to the kind of work that bears the fruit we all seek: certainty, vigor, and practicality. Existence today becomes increasingly demanding and also dangerous. Inner defenses and sources of strength are now of prime importance. A strenuous effort, on a text of pure thought, can open unsuspected reservoirs of energy.

Our methods of study are familiar to most. All day meetings once a month. Third Sundays, Time: 10:30 to 4. Structured sessions: Assignments; Home Preparation; Presentations; Assigned review on topics, on chapters; concise 2 and 5 minute contributions; analysis of idea development; pertinent illustrations from the whirling world events. By nature of our work which presumes a great deal, we must limit participation to members of the Anthroposophical Society.

Practical Note: You will need a loose leaf notebook for your analyses of the chapters and sections. Also for worksheets. The whole will be of value later when you conduct a study course!

Theosophy editions of the 1946, 1954 and 1971 exist, variations in translation must be reckoned with.

Bring lunch. Coffee, tea, snacks provided.

#### FIRST SESSION:

On the two Prefaces and the introduction.

Choose a topic on which you can wax hot!

Why is this knowledge a necessity of the day?

How is it, this book cannot be read as others are?

Does SCIENCE answer from unanswered questions, concerning man himself?

Is the 'longing to know' a real conscious experience?

What has it to do with study?

Autumn Meetings: October 22<sup>nd</sup> / November 19<sup>th</sup> / December 17<sup>th</sup>.

We being Jan. 1968: Occult Science. Knowledge of Higher Worlds.  
Christianity as Mystical Fact.  
Now, our 4<sup>th</sup> book together.

George O'Neil

#### READ THEM OVER YOURSELF

Pin up current one, handy to view.

Make notes on them. Mark up page. Use back.

Ask questions! Find answers yourself.

(you don't really know what you are reading.)  
What's he mean? Why? Is this so? Other views?

Clarify TERMS:       What does the word mean? How used here?  
Find synonyms. Collect word-groups.  
Learn the German equivalent.

Find Illustrations:  
They are all around you. That's what friends are for.  
A thought is something to 'look with'.

Excavate your prejudices: Uncover your buried objections!

CHECK ORIGINAL:

Improve on the notes. They are not complete.  
Re-formulate! Better expressions can be found.  
Get the 'Gedankengang' clear in a paragraph (the argument).

GET HOT ON A PARAGRAPH:

The one assigned to you! (Another that rouse your fantasy)  
Make a speech on it. To the Cat! While you drive the car!  
These thoughts are YOUR life. Stand up, express yourself.

PRACTICE! Repeatedly.

Time will come when you'll need all you've put into it.  
The more often you've run a thought, the deeper the groove.  
Eventually it becomes part of your personality.  
BUT, be sure its 'right and good'.

1. #####

A Goethean approach: The Web and the Weaver.

2. (I) CORPOREAL MAN: 3 Kingdoms, and the 4<sup>th</sup>.  
Mineral, Plant, Animal & Man.
3. (II) SOUL MAN: 3 Worlds of experience:  
Sensations/Feelings/Actions.
4. (III) SPIRIT MAN: 3 Orders of Cognition (Inquiry)  
Sciences of Nature/Soul/and Spirit.
5. (IV) BODY, SOUL, SPIRIT.

- Sec.
1. The Physical body, Life body, and the Sentient Soul.  
The Brain: bodily basis for the thinking-spirit
  2. SENSATION and the Sentiant Body (Astral-body)
  3. THINKING and the Intellectual Soul (Mind Soul)
  4. TRUTH and the GOOD: The Consciousness Soul
  5. The 'I' of man: Consciousness Soul
  6. The spiritual organization of man:  
INTUITION and the thinking of the Spirit Self.  
Life-spirit and Spirit Man. The auric Sheath.
  7. Summary: Man as a self-transforming being.

## On the Nature of Writings.

- 1.3 New edition: Substance unaltered. The ‘what’  
“Mode of Expression” the ‘how’ rendered more in accord with spirit  
vision.  
Form of middle chapter recast. 1918.
- 2.7 Two kinds of descriptions: Sense world and Sp. World.  
Descriptions of Spirit demand more from reader.  
More cooperation required!  
Outlines of things less definite than physical.  
STYLE: the mobile, flowing character of that world.
- 3.2 INNER TRUTH IN STYLE:  
Character fo spirit life must appear in ideas themselves  
Difficulties, for readers who can’t shift.
- 4.6 By INNER EXERTION OF SOUL, Man reaches Spirit.  
No value to him, served up all spread out!  
To KNOW, there must be real LONGING.  
This, one of the experiences that prepare THE WAY.  
No blossoms w/o Roots. (What are the other roots?)
- 5.3 Objx 1: No Illusions or self created phantasies.  
Lungs don’t create the air.  
Soul doesn’t create the experience by its longing.  
The Soul is formed and built for the supersensible.
- 6.5 Objx 2: Shouldn’t you see first, then study? NO!  
Don’t have to paint to appreciate paintings.  
You can JUDGE the results of research.  
The Investigator DISCOVERS the findings.  
Later you can TEST results yourself: last chapter.

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- 1.2 Nothing changed / more exact formulations.
- 2.2 The following is resentment of Prefaces 1 : 2.
- 3.9 From Descriptions of Supersensible Worlds:
  - Life gains in worth thru insight into spirit reality.
  - Man learns to stand firmly in life: as with eyes that see.
  - Only he who understands lifw can be truly practical.
- 4.2 Author speaks from experience only.
- 5.7 Value: Book can NOT be read in the usual way.
  - Must be worked, every page. Intentional!
  - The truths must be lived with.
- 6.3 How judged: No conflict with scientific method.
- 7.3 “Philosophy of Spiritual Activity” another method same goal.
- 8.2 Fundamental Truths presented.
  - Not ultimate truths.
- 9.4 TWO LEVELS OF KNOWLEDGE: Higher Stages and ELEMENTS.
  - From Elements of Sp. Knowledge we learn How to ask Higher Questions.
- 10.10 NECESSITY OF OUR AGE:
  - Cultivation of Sp/Kn a must in our time.
  - BUT: Caution: It will appear to many as Absolute chaos of fantastic notions.

LIFE raises questions answered only by Sp/Kn.  
Culture today gives no satisfying answers/Stirs questions.  
These evoke REAL QUESTIONS: and REAL ANSWERS

  1. bring inner calm, sense of completeness of soul life.
  2. Quench the thirst for knowledge
  3. make man genuinely capable of work in the world.
  4. fit him for responsibilities of life.

LACK of real answers to real questions:  
Lame the soul / finally weaken the body.
- 11.3 MANY REJECT: most strongly what they sorely need!
  - Under influence of theories! Can’t do otherwise!
  - See in all this “boundless absurdity”.
- 12.8 Some Demand ‘irrefutable proofs’. (do westerners?)
  - But only those they are willing to recognize.
  - Not those inherent in things themselves.
  - Proving by argument fruitless. Other ways exist.
- 13.1 With these thoughts in mind the books is offered.

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- 1.4 Fichte calls for a New Organ of perception of the Ego and activity of thinking  
“People born blind” hence the futility of talking!
- 2.4 We speak: “As normal men among the blind” ..Never Despair! The possibility of opening the eyes exists.
- 3.2 Those with organ to perceive Man’s Inner Being speaks of the Hidden Wisdom.
- 4.4 They feel as Certain and Sure as we in the sense world.  
Require No Proof! As the Explorer relates on return.  
So listeners can Visualize what the See-er reports!
- 5.12 The Investigator must address All Men! Because...  
No one can be fully Human w/o Higher Knowledge.  
In everyman exists: feeling for truth/ capacity to grasp.  
Understanding flashes forth in response: As A Force!  
Power of Truth can Open the Spirit Eye.
- 6.1 Only a matter of time!
- 7.5 Erudition, Scholarship, Science-training: No Prerequisite!  
“The Only True Science” can be a hindrance.  
Its authority can create a Mass of Prejudice.  
It restricts the ‘Real’ to sense data.
- 8.5 Objx 1: LIMITS to Knowledge! You can’t know! You’re fenced in! Presumptions to try. What they overlook Powers of perception can develop! Limits can always be transcended.
- 9.7 Objx 2: WHY TALK? Waste of time, If People can’t see.  
Ans: What is made known, can be understood if and by:  
1. unprejudiced thinking  
2. healthy sense of truth  
3. and can be Tested, corroborated, by life!
- 10.9 SEEING doesn’t make a TEACHER...he needs Science.  
Needs to thoroughly know this world as well as Spirit-world;  
Those who speak must feel this RESPONSIBILITY.  
Can live an earth0life w/o Botany, Math etc.  
BUT, cannot be fully a Human Being w/o Knowledge of your Origin, Real Being, and Destination.
- 11.5 The Highest, we call ‘divine’; link our destiny to it.  
Divine Wisdom (theosophy) reveals Core of Man’s Being.  
Study of spirit processes in Man’s life and cosmos: we call Spiritual Science.  
Geisteswissenschaft.
- 12.2 This book: Only facts given, experienced by author. (as experiences of sense data plus intelligence gives facts of this world.)
- 13.6 RIGHT ATTITUDE OF READER:  
The Will to Understand opens the Eye.  
Motto: Understand before seeing!  
To despise thinking means to ‘lock and bolt the door’.  
Sound thinking conjures up the powers of soul that lead to seeing!

THE BEING OF MAN – PART I. THEOSOPHY II/1. CUE SHEET 5

Goethe and Man's Three Relations to World.

- 1.2 Goethe Quote: 1<sup>st</sup>: Man sees Objects in relation to SELF. (subjective) Necessary, but opens him to 1000 errors!
- 2.4 2<sup>nd</sup>: Man sees Objects in relation to Each One.
- 3.4 Goethe Points to three: OBJECTS: the information thru the senses.  
IMPRESSIONS: Symp/Antip. – Useful/harmful.  
KNOWLEDGE: Secrets within Objects themselves.
- 4.2 So: Man seems woven with the world in a 3-fold way.
- 5.3 These are: He accepts the given FACTS  
He makes then his OWN AFFAIR.  
He strives toward chosen Goals: Knowledge
- 6.4 WHY – this 3-fold Mode of Appearances? (of Phenomena?)  
Example: take The Flowers in the Field, their colors:  
1<sup>st</sup>: The Given Fact to the senses.
- 7.5 2<sup>nd</sup>: The Joy of the observer, is preserved in memory.  
3<sup>rd</sup>: The Laws of species and growth, revealed to me, remain at work, outside, in the plants.
- 8.8 THUS: Man Binds himself in a 3-fold way to the world.  
By Body - that thru which world reveals itself.  
By Soul – by which Man links things to himself.  
By Spirit – which becomes manifest as “from the divine”.
- 9.1 3 Terms: In this sense Man consists of Body/Soul/Spirit.
- 10.4 MAN RELATES himself in a 3-fold way to the world.  
His Body connects him with things.  
His Soul preserves impressions he gathers.  
His Spirit reveals what Things Keep for Themselves.
- 11.11 3 Existences revealed:  
The body is perceived among outer things.  
The Soul existence is concealed within.  
Thru Spirit opens a higher outer world, (as Eternal Laws of the Stars)
- 12.2 So: Man becomes a Citizen of Three Worlds:  
Thru Body, he Belongs to the World.  
Thru Soul, he builds his own World.  
Thru Spirit, is revealed a Higher World.
- 13.1 Three Modes of Thinking-Observation are needed to understand the Three Worlds!

## KINGDOMS WORLDS AND ORDERS

2: CORPOREAL NATURE OF MAN:      3 Kingdoms of Nature and Man  
(3 existence-forms and Man)

1/6 Man related to 3 kingdoms (existences) Mineral/Plant/Animal  
Matter      Growth and Propagation      Inner experiences

2/7 Body is GESTALT (structure/shape) in Mineral/Plant/animal  
A difference in Man: Complex nerve-system and Brain.  
Basis for intelligence.

3/2 Thus: a 4<sup>th</sup> Human Existence-Form: a human kingdom!

3: SOUL NATURE OF MAN:      3 Worlds of experience.

1.1/11 SENSATION is personal (subjective)  
Colors, sounds tastes, etc.

-2/2 Sensation belongs to Soul. Your own!  
Not brain process! World pleasure, displeasure.

-3/12 Thru FEELING we create a 2<sup>nd</sup> World within.  
Thru ACTION (will) we stamp our impress on outer world.

4: SPIRIT NATURE OF MAN:      3 'Orders' of thinkers  
3 Realms of Law.

1.1/8 Man Thinks! Gives rational coherence to his life.  
Reckons with Laws of BODY and laws of THOUGHT.

-2/7 2 BASES: Body is basis of Soul. Soul is basis of thinking spirit.

-3/2 3 Professions: (Order of research, investigation)  
Spirit: Geistesforscher,      Philosopher, Spiritual Investigator  
Soul: Seelenforscher,      Psychologist  
Body: Naturforscher,      Scientist (many kinds)

BODY SOUL AND SPIRIT      ##      Theosophy: II Part 5, Sec. 1.  
Sec 1: Physical Body, Life Body, Sentient Soul.

- 1.1/9 For true understanding of Man: Must grasp significance of THINKING.  
Brain: bodily basis of Thinking.  
Largest in Man in proportion to body.
- 2.2/8 Prevalent prejudices! Some would emphasize FEELING.  
Highest feelings generated by sustained, energetic thinking
- 3.3/3 'Physical Body' (Korper) – Constructed so thinking can manifest.
- 4.4/10 Propagation and Growth distinguish Mineral from Living.  
(Quartz formed by forces of Silicon and Oxygen)
- 5/7 Formative 'Life Forces' – FORCES DETERMINING SPECIES thru heredity.  
Mineral forces expressed in crystals.
- 5.6/8 Mineral-forces are perceived by senses: Light/Sound/Touch.  
(i.e. physical forces.)
- 7/4 Life-forces hidden to ordinary perception, as color to blind  
Species-creating forces can be seen! With necessary organs.
- 8/4 New Worlds Open: with this organ Man perceives LIFE itself  
Sees Life-filled Spirit-Form: variously called:  
Life-Body, Ether-Body, Body of Formative-Forces.
- 9/4 An independent Entity: LIFE-BODY preserves physical-body for Dissolution.
- 10/2 The Awakened SPIRIT-EYE required to see it.  
BUT: logically existent without seeing it!
- 11/6 Man's Ether-body organized to serve purposes of Thinking Spirit.  
The physical-body an 'Abbild' of it.
- 12/5 MAN BELONGS: to mineral world thru physical-body.  
To life world thru ether body.  
(after death they dissolve into respective worlds)  
Def: "BODY" - that which gives GESTALT/SHAPE/FORM  
"Lieb" - by extension: soul-shapes, spirit-forms.
- 6.13/3 Sensation: not found in outer world!
- 14/16 Physical processes in the eye, plus life processes  
Sensation presumes more.  
An inner activity responds, to incoming stimuli.  
This FOUNDATION OF ACTIVITY called SENTIENT SOUL.

SEC 2: SENTIENT-BODY

- 1.1/2 Sensation is perceived subjectively/Seen objectively by seer
- 2.2/7 Sentient-soul depends on ether-body and functioning Physical-body.
- 3/2 Sentient-soul 'limited' by forces of 'body'.
- 4/8 Extends beyond body/Between lies the Sentient-Body.
- 2.5/3 SENSATION, plus desire/aversion/drives/instincts/passions all dependent on the 'body'.

SEC 3: INTELLECTUAL-SOUL

- 1.1/13 THINKING serves Sentient-Soul/Man thinks about his sensations.  
Thought-power builds material civilization / 2 systems of Law.
- 2/8 Animals obey sensation immediately, as does primitive man.  
Evolves men master thinking: called INTELLECTUAL-SOUL.
- 2.3/2 SEEN as separate member; the permeating sentient-soul.

SEC 4: CONSCIOUSNESS-SOUL

- 1.1/14 Conformity Principle: LAWS of thinking/LAWS of things!  
'My' truth absurd! Truths neither arises nor passes away.
- 2/6 Transitory truth is partial /Eternal Striving for, concedes its existence!
- 2.3/6 MORAL-GOOD (eternal value) not received from Sentient-Soul.
- 3.4/6 Soul participates in Eternal thru immortal Good and True.
- 5/1 CONSCIOUSNESS-SOUL – what shines forth as Eternal.
- 6/10 "SOUL WITHIN THE SOUL."  
"TRUTH LIVES IN CONSCIOUSNESS-SOUL."
- 4.7/3 Three Souls: body limits them, Spiirt expands them.
- 8/9 SEEN: 3 bodies/ 3 souls, expanding under influence of the Good and the True. (Called 'the Aura')

SEC 5: THE 'I'

- 1.1/5 EGO sees itself: Jean Paul; 1<sup>st</sup> 'I am an I' experience at 3
- 2/6 Child not yet conscious of Self as independent being.  
The 'I' invisible. Men ALONE with his 'I'.
- 3/14 As 'I' man looks upon Body and Soul as his instruments!  
Word 'I' never heard from outside / 'I' ruler of body and soul
- 4/4 SEEN: effect on AURA of 'I'. "Lord of body and soul"  
'I' invisible in its 'holy of holies'.
- 5/9 Sense experience and truth fill the 'I'  
Spirit lives in 'I' / 'I' lives in soul and body ###

- 18/21 Whence innate Predispositions?  
 GENIUS: Gift or Acquisition?  
 Mozart's inborn total survey! Lessing's aquired (inborn) critical observation.  
 Fruits of experience made and graven by Spirit-Self.  
 Life-body reproduces Form of Species in line of descent.  
 Life-Spirit reproduces the Soul, from life to life.
- 22/8 Thinking and Observation lead to these thoughts:  
 Silhouette-like, until filled by supersensible-experience  
 Is a Preparation for higher-experience, NOT a proof.  
 We must practice entering reality by way of free thinking.

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### MAN SUBJECT TO THREE LAWS

- 1.1/4 Soul imprints experiences on Spirit from within, and on the outer world through its deeds.
- 2/11 Sleep and Death simile: I create my destiny today by what I did yesterday.
- 2.3/13 Entrance into Life – like waking from sleep:  
 Body forms impressions/Sentient-soul, sensations,/ retains the ### as memories/ surrenders them to Spirit for duration.  
 Soul thereby links two worlds.
- 3.4/28 Physical world no stranger to Soul! Finds its own traces.  
 Regards them at first as 'happenings', as chance.  
 Comes to recognize/them its own 'I', as consequence of deeds in a previous life.  
 (This, a supposition to beign with.)
- 4.5/16 One part of my deed is in the Outer World, the outer in Myself.  
 An action imprints on soul necessity to carry out consequences
- 5.6/2 By his deed he creates his destiny. Finds himself linked to what he did.
- 7/9 He surrounds himself with a chosen environment.
- 8/6 Sleep an apt image: We incarnate anew into our world of action
- 9/21 Three Laws: Heredity for the body/Self created destiny of Karma for the soul/and repeated lives for the spirit.
- 10/3 Soul life mediates between Immortal Spirit and Body subject to birth and death.
- 6.11/2 THESIS: Thinking, that faces the phenomena, through to end, can by pure logic, arrive at laws of Karma and Reincarnation.

1 to 9: On perception- The Senses: physical and 'higher'  
10-18: On Communication – Language Problem and Laws (ideas).  
19-27: Objects or Formations: Substances and Forces.

- 1.1/4 Limits of physical senses: not to be trusted alone.
- 2/1 An organ needed to sense 'reality' of a thing.
- 3/9 Terms: 'sense' / 'higher organ' (metaphoric use)
- 4/5 Organs are specialized:            limited to one field.
- 5/14 Goethe: On Being and Senses. (no naïve dualism)  
Beings not 'behind', they manifest 'in' and 'thru' phenomena as 'effects'.
- 2.6/18 Nature provides physical senses (these are given)  
Man develops higher organs himself. (acquired)  
'Oposition to' (by church) – opposes human education
- 4.7/3 'Denial of' (by science) – presumes human evolution impossible.
- 3.8/8 Two misconceptions: Higher Organs presumed too similar physical senses.  
What is seen is taken as rarified matter.  
The grasp of this world most difficult: can't know it by outer aspects only.
- 4.9/3 HENCE: The Order of Chapter IV will be 2,3,1 i.e.,  
Soul-world/Spirit-world/ and then the physical-world.
- 5.10/5 On difficulties of Speaking: many misunderstandings.  
Our language, the words, derived from sense-world.
- 11/2 Similies and Comparisons necessary: they are the first basis of knowledge. Know  
by Analogy! Then comes power to see.
- 6.12/7 Semantics of two realms: Matter and Force in Sense-world and Soul-world  
on Soul-substance and Soul-force.  
(impulses, desires, feelings, passions, wishes, and sensation)
- 7.13/4 Words (longing, wish-substance, desire-world) are expressions borrowed from  
human soul experiences. Also note:  
'excitability' – extension! /Substance is called 'astral'  
'impelling-desire' – movement!/Forces called 'desire-being'
- 8.14/5 Bewildering Effects: Gradual orientation. (Kaleidoscopic, Psychedelic)
- 15/5 Different LAWS prevail:  
physical and spiritual influences operative
- 16/2 HOW a law operates: (illust: Man projects Wish goverened by a thought)
- 9.17/6 LAW od Reciprocal Action: Law of Impact in physical space.  
Law if Inner Quality in Soul-space (affinity and conflict).
- 18/5 LAW of Vision: Physical perspective: spacial distance seen.  
Soul-perspective: distance between determined by inner-nature of two  
entities.



- 1.1/4 Soul-forces manifest as Sympathy and Antipathy.  
Operate between souls, also beings, both spiritual and physical.
- 2/1 Soul also shares Spirit-activities: reacts to thoughts and judgments.
- 3/2 Maturity of Soul determines its reactions to Spirit or to body functions.
- 2.4/5 SPIRIT is Central! Soul meditates to it what body transmits.  
Also: from Spirit, Thought becomes Wish, becomes Deed.
- 5/11 Destiny is fulfilled ONLY when your Spirit directs activities (Underdeveloped man satisfies his physical needs.)
- 6/2 Spiritual self receives directions from Spirit (true and good).
- 3.7/9 Death implies changes in Body-processes: what happens to Soul goes unobserved by senses: higher observation required.
- 4.8/2 During life, body chains Spirit to physical world.  
After death, Soul chains Spirit to soul world.
- 9/16 With emancipation of Spirit from body and soul: Relations to Soul change.
- 10/8 Fate of the Soul: Its task was directed toward the physical.  
And its interest in things earthly, CLING!
- 5.11/2 To distinguish!: TWO earthly ties: 1. What can only be made good in next life (karma) 2. What is to be shuffled off. Husks and Dross!
- 6.12/3 Period of shaking off earth-ties: Long or Short!
- 7.13/12 Conditions for purification: Ex: Bon vivant. Deprived of organ for gratification, soul suffers 'burning privation'.
- 8.14/13 PURIFICATIONS is the effects of LAWS of soul-world!  
All antipathy, self seeking is thereby eliminated.  
Sympathy is enhanced until 'perfect'. The human Spirit is in bondage until last moment. Enslaved.
- 15/1 The Spirit is liberated ONLY when Soul becomes one with the Soul-World.
- 9.16/2 Lowest 4 regions called variously: Purgatory, Cleansing-Fire, 'Region of Desires', etc.

THREE WORLDS. Soul in Soul World after Death Worksheet 17 THEOS IV–Prt 2contd

- 10.17/19 1<sup>st</sup> Region: Soul sheds coarsest, lowest, most selfish traits. Is exposed to attacks by cravings and lusts. Body-addictions. These: burnt-out, exhausted by privation. (withdrawl symptoms) This PAIN is there in life! But covered-up by illusions. Not 'suffer ing' as such! Soul demands purification. A self-initiated cleansing. You ask for it!
- 11.18/10 2<sup>nd</sup>: (Flowing Sensitivity) Sympathy and Antipathy equally strong. Cleansed: The loss of self in glitter, in sense impressions. A school for the destruction of the Illusions of Life!
- 12./9/3 3<sup>rd</sup>: Where Sympathy is experienced as WISH. (soul-desires) Cleansed: unfulfillable longings, pipe-dreams, sentimentality
- 13.20/7 4<sup>th</sup>: Cleansed: sensuous feeling of SELF expressed by Liking and disliking/comfort and discomfort
- 21/9 "That emptied-out-feeling" here destroys illusion of bodily-self. Soul breaks free of Lower-nature. Can now unfold and radiate sympathy.
- 14.22/13 Suicides cluster here: Suddenly emptied out, a torment. Old age and natural death loosens attachemt to body gradually.
- 15.23/13 5<sup>th</sup>: 'SOUL LIGHT': force of sympathy rules here. Sensuous pleasure in surroundings and Nature purified. (Not Goethean nature-insight that awakens the Spirit.) but habits of education and civilization that serve physical comfort. (House and Garden, Home-making cult) GOAL: sympathy with soul-envirens and atmospheres.
- 24/5 Religion Observations: that enhance sensuous welfare cleansed Illusions of Earthly and Heavenly Paradise.
- 16.25/5 6<sup>th</sup>: 'ACTIVE SOUL FORCE': Sensuous thirst for Action cleared Idealistic will-to-serve and run things with great devotion. Artists, active for own pleasure and delight. Scientists, lecturers, writers, who work for fame and name.
- 17.26/10 7<sup>th</sup>: 'Real Soul Life': Last inclination to sensory life cleansed. The materialistic illusions and hang-ups find no object.
- 27/2 The Spirit Freed! Soul given back to its element.
- 18.28/1 Soul-world takes on ever less repellent character, as adhering elements are stripped off.
- 29/8 Time: You are held in each region as long as affinities last skipped when none exist. (Reference to Occult Science for more detail.)

THE SPIRIT LAND On Archetypes and Etypes Theos IV part 3 Worksheet 18

- 1.1.8 The Reader, Writer and Language: Analogies and Metaphor  
2.2.9 SUBSTANCE of Thought: Real and Shadow: Cosmic and Human on Thought beings, and learning to use spirit-eye.  
-3.9 Archetypes of all things: Real-world vs World of copies. For onw who sees: far more real than creatures here!  
-4.2 Denial of archetypes: an admission of blindness.  
3.5.3 Bewildering effect: True shape of archetypes unlike their sensory copies or abstract thought-reflection  
-6.10 Creative Beings: Protean/ceasless motion/myriad forms. Work in symphony – many together.  
4.7.18 Spiritual Haering: (the Inspiration World) Ocean of tomes. Each expressing their essences: Idea – Law – Music! Spirit music has meaning! Like no earthly music. Archetypes : in colored lights/Melodious sound/taste and smell (descriptions here limited to visual)  
5.8.7 Their Species must be distinguished: All regions interpenetration Region 1) Archetypes of all PHYSICAL shapes, Nature Kingdoms.  
-9.7 This area called ‘Continental Mass’: To picture, each physical shape as a Hollow-Space, its surroundings filled by creative beings.  
-10.13 Archetypes and Music surround Hollows: They fill with material  
Observe between objects creative processes, substance.  
Region 2) LIFE archetypes: they form ‘perfect unity’.  
Streaming, flowing, like blood or rivers; liquid thought!  
Life of Man related to lie of all living creatures.  
6.11.9 Region 3) Archetypes of SOUL: ‘atmospheric’: Feeling/Sensation. Emotions. Sorrow/Joys. Longings and Stormy Passions: Battles!  
7.12.8 Region 4) GOVERNING BEINGS: Groupings and Order of lower soecies.  
8.13.10 Regions 5.6.7! Source of ANTRIEB: Energy-drive  
Here: Motives as Purposes – called ‘Seed-points’ or Ideas as Germinal-Thought-Beings manifesting in color/sound/WORD!  
‘Uttering the Eternal Names of Things’.  
9.14.7 THOUGHT-BEINGS: their Germ-sheath and Life-kernals originate in Higher Worlds.  
-15.2 Pilgrimage of Human Spirit to follow.

Spirit

Reality

Archetype

Urbild

Nature

Copies

Reflections

Nachbild

Mind

Abstract Thought

Shadows

Vorstellung

THE HUMAN SPIRIT IN SPIRITLAND AFTER DEATH Theos IV part 4 Wrksheet 19

- 1.1.10 AIM and END of Pilgrimage of Man: Sojourn in Spiritland. Here in Physical, man works in world of bodies, his body as tool.
- 2.8 Spirit, here, not in time form: veiled as thought-shadows. Purpose and Goal of Earth-life planned above. Archtacts office.
- 3.3 HIGHER-SELF: architect of human creation. Develops plans and Capacities in Spiritland. Brings them down with him.
- 4.18 From Physical Scene of action: collects earth-experiences. Transforms these in to faculties: analog: Argitect designs houses, models next one. Between lives, Spirit lives in own sphere, to work on self, to be of service in next life.
- 5.4 A general outline/circumstances vary/Irregularities equalities.
- 2.6.3 On Spirit Growth: you dissolve into regions! merge, take on their characteristics. Strength and Order thus aquired.
- 7.22 1) Archetypes of Earthly Things: Man moves among thought-beings. Sees how everything is made/Own physical sheath as thought-thing. All is one unity to which Man Belongs/THOU WERT THAT.
- 8.3 VEDANTA-wisdom: basic-concept: YOU are Related to All Things.
- 9.2 Learns to realize: I AM THE URGEIST. Spirit Among Spirits!
- 10.2 Our Shadowy Thoughts curing Life here becomes FACTS.
- 3.11.2 High Watch-Tower View: of all earthly relations and affairs.
- 12.11 Lives again thru Earthly-Ties, spirituality. (5<sup>th</sup> time).
- 13.2 Everyday ties ripen here: family, friends.
- 14.5 Find each-other again! (Soul values carried over.)
- 15.11 2) Region of the COMMON LIFE: (community) Monastic time. Reverence for Life, Harmony: He performs Rites and Ceremonies.
- 16.7 Fruits of Religious-Life ripen here: relizes HIS DESTINY inseperable from his Community! Religious Feeling Enhanced.
- 4.17.3 COMPANY determined by: in 1) Physical ties: family, friends. (theme persist) in 2) by Religious confession, Feeling-life.
- 18.1 Regions interpenetrate: Entry depends on your qualitites and interests.
- 5.19.11 3) SOUL ARCHETYPES: Desire, wish, feeling. No self-seeking, no nine and thine, all unity, felt in common. Service, selfless devotion in life bear fruit here. Great Benefactors of Mankind derive their capacities here.
- 6.20.9 4) PURE SPIRITLAND: Pure Human Archetypes: original creations of man.
- 21.2 Artists/Scientists/Inventors/enhance their genius here.
- 22.4 Important for all/Source of all strivings/Interest in life.
- 23.3 (not strictly 'pure' Spiritland yet/Earthly factors still.)
- 7.24.14 5) Realm of INTENTIONS and AIMS: Ideal Forms of nature objects. Man truly himself, unfettered/sees fruits of all incarnations.
- 8.25.2 SPIRIT-SELF lives among Intentions and Aims and Purposes. New designs laid. Old discarded.
- 26.9 Power to realize your purpose by active thinking and wise love. Karma chosen/and Imprinted. Deficiencies also chosen!
- 27.5 Our True Self lives here among pure Intentions of what should be Retrospect of lives past./Prophetic Vision of future lives.
- 28.5 Spirit-Self lives and develops/Prepares new incarnation.
- 9.29.30 TRUE HOME for those in whom SPIRIT SELF is awake! 6 and 7 Future and Past seen Under####. Aims become selfless. Final Self Knowledge #####.

1. Thought and the Thing.
2. Design and Shape.
3. Sensation and Thinking.
4. Archetypes of Man.

- 1.1.6 Man lives in 3 worlds simultaneously:  
Senses perceive things/Likes and dislikes excite waves./  
Thoughts mirror entities. “As thinking-spirit-being, man a companion of gods..”
- I. -2.6 Senses filter out soul and spirit:  
Physical Objects as ‘condensations’, so we can know them! (Ice only one form of water, it passes over into other states.
- 2.3.5 The Great Question: How Do Thoughts Stand to Things?  
CONSONANCE of human thought-world with Order in Nature!  
KEPLER: Stars call us to Study!
- 4.3 Things are condensed Spirit-beings!  
Thinking means quest for archetypes in objects! Understanding is like melting a solid by fire to analyze its chemistry.
- 3.5.4 Understanding the World means: Discovery how Archetypes condense down from 1) Living Germ-points 2) to spirit structure 3) to sensible things, and 4) to shadowy human thoughts.
- II. -6.11 THE SENSE-WORLD in 4 realms: Mineral/Plant/Animal/Man.  
1) Mineral kingdom: Here our thoughts reflect physical laws.  
Thoughts unite in one great picture-symbol-system.
- 7.7 2) Plant kingdom: Phenomena of Life: growth and reproduction.  
The power to create living Shapes and to repeat them.  
CRYSTALS stand midway: transitions from Shapeless to Shaped.  
(plants that never made it.)
- 8.3 Crystalization (i.e. condensation) : a transition from the ‘formless-germ-point’ to formed structure’ so our senses can perceive them!
- 9.15 Elementary Kingdoms: In plants two principles active: A visible shaped-entity and an Invisible formative-being.  
1. Urforms (primal) = ‘designs’; called 1<sup>st</sup> Elem. K.  
2. Force-beings = ‘craftsmen’; called 2<sup>nd</sup> Elem. K.
- III. -10.18 Animal World: adds Sensation and Impulse: these are manifestations of Soul-world. (transient effects, come and go). Their archetypes in 3<sup>rd</sup> realm of Sp. Land: ‘Masterbuilders of Sensation’.
- 11.9 In Man: ‘control by thinking’ added to Shape and Soul-forces. Spirit has descended to sensory level: works in brain organism.
- 12.10 SPIRIT becomes Inner-Being in Man. Thought, the form the ‘formless-spirit’ takes in Man. The Brain and Nerve Entity: a visible form of what works invisibly on plant and animal. “Spirit recognizes itself as Spirit in Man.”
- 13.1 Chart of 7 Kingdoms: 3 Elem. / 3 Nature / 1 Human.  
How the lower work in the higher.

THEOS IV Part 5 – 1 and 2 Worksheet 21, cont’d

IV

4.14.9 Archetype of 4-fold Man:

- Phys. B      1<sup>st</sup> Elem. K.  
 Aether B     2<sup>nd</sup> Elem. K.  
 Sen. Soul B. 3<sup>rd</sup> Elem. K.  
 Intellectual Soul: archetype of Thinking Man.
- 15.2 Thus Man stands as Manifestation of Spirit.
  - 16.1 Man works upon himself as Intellectual Soul.
  - 17.2 Archetypes work on his 3 bodies: These are similar to those working on  
       Min/Plant/Animal.
  - 5.18.2 Man's World: thus, An expression of all this combined activity.

Section -2-

- 1.17 Other beings: The folk spirit. Nations.
- 2.10 Still Higher and other lower: The Time Spirit, Zeitgeist.  
       Also Nature spirits, elementals.  
       Superstition is the belief in sensory appearance of Invisibles.
- 3.2 All cooperate on the construction of the world.
- 4.2 Yet still higher beings beyond the Soul-world: Hierarchies.
- 5.6 "More things in Heaven and Earth" dear Horatio!  
       Clear Vision and thorough Understanding can fortify man, and lead to proper  
       goal.

- 1.5 Intro : Receptivity determines Reality: Organs Needed!  
 Much is Real can't be seen.
- Factors:
- 2.23 Real : Soul and Spirit Worlds 'real' in higher sense.  
 Visible: Thoughts and Feelings surge and ray-out visibility.  
 Effects: Thoughts excite effects in others. They act!  
 Color : Thought-content has Color: Red - Sensuous  
 Shape : Thought-forms are shaped! Yellow- Knowledge  
 Outline/definite or confused Rose - devotion
- 2.3.1 THUS : Soul and Spirit appear as supersensible part of man.
- 3.4.3 Aura dimensions: Egg-shaped cloud, size varies.  
 Average: 2x long/4x wide
- 4.5.4 Stability: Color-flooding: a true picture of soul-life.  
 Permanent-shapes: Talents, habits, traits.
- 5.6.13 Color Perception: Misunderstandings!  
 Soul-experience of color IS a living in color.  
 We 'see' the 'feeling' of color.  
 MUST be body-free. Otherwise a hallucination if like a sense-impression.
- 6.7.4 AURAS VARY: Temperament, Disposition, stage of development  
 Animal impulses, Life of Thought, Religious feeling,  
 Trivialities of day, Moods, Inclinations, Joys and Pain.
- 7.8.9 Understanding Meanings of Color Shades:
1. Emotions: Surges of color in specific locations.  
 Animal Passions: brown/red/yellow Streams.  
 Intelligence, grades of green.
  - 8.9.4 2. Thoughtful-quiet moods: Greens (browns vanish)  
 Strenuous thinker / Adaptive person: undertones of green.
  - 9.10.12 3. BLUE: Devotion in service of a cause.  
 Passive-type: good-nature/devout: glimmering blue  
 If intelligent also: alternating currents: blue and Green  
 Active-type: saturated-color from within outward.  
 Inventive type: radiation from center / RAYS.  
 (Animal Nature: Clouds, irregular shapes.)
- 10.11.3 Shades/Nuances of color  
 Animal/sensuous: Dark blue-red  
 Inventive  
 Spiritual: Light Red-Blue to rose-pink-violet.
- 11.12.2 TRANSIENT FORMS:
1. Streams: Violent anger – red streams
  2. Clouds : Insulted: up-wellings – dark green clouds
- 13.3 REGULAR SHAPES:
3. Stripes/bands:  
 FEAR: undulating horizontal, blue and blue-red Shimmer.  
 ANXIETY: Stripes radiate from center outward.
  - 14.4 4. Spots/Flecks:  
 Excitable: flickering spots, blue/red  
 'Do not feel intensely': orange-yellow  
 Absent-minded: Changing spots, blue/green
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- 13.15 Three Aspects of color phenomena

1. OPAQUE #####
- 16.8 2. Luminous: a space of light
- 17.6 3. RAYS: sparkling, glittering, glistening
- Active, Mobile, brilliant: producing themselves out of themselves.
- 18.1 1 and 2: are 'fluids'
- 3 is self-kindling. Never resting.
- 14.19.7 THREE AURAS: separate, but interpenetrate.
- The SEER has three organs of perception/Uses one at a time
- Can distinguish, separate them.
- 20.3 DEVELOPMENT: is progressive, we learn to see one at a time
- 21.1 At a higher stage we can see all three.
- 15.22.2 THUS: 3-fold Aura is expression of 3-fold Being of Man.
- 16.23.3 A Stimulation for Thought! Body Aura: sense-impressions
- Soul Aura: personal soul-life
- 17.24.4 Development: Spirit Aura: Master over Transience
- 25.2 Levels: primitive, Normal, Advanced.
- 26.4 Wonderful 3<sup>rd</sup> Aura: Flaming, Gleaming.
- 18.27.1 Thus we see what Man has made of Himself!
- 19.28.2 CHANGES with development:
- 29.6 1<sup>st</sup> AURA Basic: Red – Blue: Shades DULL/MUDDY
- Red: sensuous, lusts, appetites.
- Green: obtuse, indifference, greed, laziness.
- (‘envy’ - a brown-green, yel-green: bred by some social conditions!)
- 20.30.6 Personal Conceit: (Egotism, lowest stage) Muddy-yellow to brown.
- Natural self-sacrifice: light-red/Mother love rose-red.
- Fear and Timidity: Brown-blue/grey-blue.
- 21.31.9 2nd AURA great variety of shades.
1. Brown-orange: Conceit, Pride, Ambition
2. Red-yellow Flecks: Inquisitiveness
3. Bright Yellow: Clear Thinking/Intelligence
4. Green: Practical understanding of world/child learns easily.
5. Green/yellow: Good Memory.
6. Rose-red: Benevolence/affection.
7. Blue: Piety
8. Violet: Religious fervor
9. Indigo: Idealism, earnest view of life.
- 22.32.6 3<sup>rd</sup> AURA Basic: YELLOW GREEN BLUE
1. Bright Yellow : Comprehensive Ideas, of Spirit World Order.
2. Golden brilliance: Intuitive Thinking: purified of all sensuous imagery.
- Pure thinking.
3. Green: Love toward all beings.
4. Blue: Capacity for selfless sacrifice for all beings.
5. Violet: Will, dedication to sacrifice in active world service.
- (Orange added to Yellow: Pride, Honor! Last remains of Egotism.)
- 33.2 COLORS here beyond the earthly. Incomparable beauty.
- 34.5 Right Judgment concerning all this; to be taken as:
- \*Only as enrichment of experience.
- \*Aims at knowing Reality beyond the senses.
- \*Nothing to do with character reading, hallucinations, or ESP.

- I. 1.1.20 STARTING POINT – Vigorous Thinking:
- \* Man a Thought Being. These descriptions, a thought picture.
  - \* Thoughts, actual forces! They awaken latent capacities.
  - \* Living Thoughts germinate. Disdain ignores highest faculty.
  - \* Investigator NEVER expects blind-faith. THINK! Don't believe.
- 2.2.8 To Distinguish: Bringing-forth from Comprehension:
- \* All knowledge buried in Soul! Can bring it to light yourself.  
OR: it can be grasped when others bring it forth.
  - \* 'Healthy Human Understanding' is a 'flashing-up' of comprehension.  
The Best-Way! Better than personal mystic ruminations.
- 3.3.12 Misunderstandings:
- \* To be cultivated: Self-denying Labor of Thinking!  
Craving for sensations and floating in feeling lead nowhere!
  - \* Laziness masks contempt for abstract spinings that kill.  
Real Thinking not understood. It is full of life.
  - \* No ego-certainty (firmness) in meaningless picture flickerings.
- 4.7 DANGERS - follow Instructions:
- \* Absolute Mental Health ESSENTIAL. Thinking the best therapy.
  - \* Health endangered, if exercises are not bound to clear thinking.
  - \* Spirit Insight increases Health./Vague Dreamings undermine the sense of reality. Absolutely no danger is injunctions adhered to.
- 4.5.9 The WAY to STUDY these writings – Viewpoints of Teacher:
- \* Disbelief injurious: repels, hinders insight.
  - \* 'Receptiveness' the prerequisite, not blind-faith.  
Think it! Don't believe it. And don't quote it!
  - \* (Power to Accept springs forth of itself. When you steep yourself in these views, the truth will dawn.)
- 5.6.18 RECEPTIVITY / INNER SILENCE / WONDER (Ah Mood):
- \* 1<sup>st</sup> Quality: Openness! Prior judgments shut off insight.
  - \* Empty the Soul. Silence all negativity.
  - \* Inner selflessness opens you up to revelations (Sage and Child)
  - \* Train yourself to obliterate yourself! Astonishing resistance
  - \* Insight possible ONLY thru biased, emotional judgments.
  - \* EXERCISE: Refrain from biased, emotional judgments.  
Practice on people you despise. Describe what they do.
- \* \* \*
- II. 7.1 IN LIFE SITUATIONS: Don't judge. Just listen and look keenly.
- 8.3 POWER TO SEE dawns with pure observation.  
Allow things and events themselves, to speak. Don't opionate!
- 9.4 Practice with Holy earnestness and Perseverance!  
Selfless surrender and Freedom from prejudice, then become true sources of  
Power to See.

- ##### CORREECT VALUATION OF SELF, here added:
- \* Over Valuing Self, self-importance, a barrier.
  - \* Pleasure and Pain over events, simply a concern with your self!
  - \* I, Me, My, Mine! You push your personality out in front.  
'Tolerance' – only for what fits my peculiarities!  
Man enmeshed in fish-net of his senses!
  - \* Sympathy and Antipathy to take on new roles: be transformed.  
Feel! But suppress the reflex judgment.
  - \* Subtlety of Feeling increases. Sensitivity enhanced if you don't allow your personality to blunt the power to see.
- 7.11.25 PLEASURE AND PAIN can become EYES of the SOUL:
- \* EQUANIMITY – NO EGOTISTICAL REACTION TO P&P. Don't get lost in them.
  - \* Pleasure can devour you! Should reveal inner quality of things.
  - \* P&P are opportunitites to learn! Eliminate self/"let Joy Speak"
  - \* New Organs develop: Eyes of soul then selfless as the eye for light.
- 8.12.32 CONTROL OF THE MIND: Your thought Sequences are The Test!
- \* Free of oddities, citizen of spirit-world, obeys laws of truth.
  - \* Chaos of body-forces determine ordinary thought-play!
  - \* Usual confused talk and thought-life, set right by hard outer facts.
  - \* We are continually corrected by the laws of things.
  - \* Not corrected by spirit-laws! You get lost. Mired down. Taken-over.
  - \* Be Your Own Sure Guide! Your thinking strictly regulated in itself.
  - \* Your thought-sequence – must reflect exact laws of spirit-world.
  - \* No personal feeling etc should disturb your train of thought.
- 13.12 THINKING TO BE SEVERELY ORDERED: 'My Dry Mathematical Style':
- \* Math-Training or equivalent, eliminate personal, arbitrary choices in thinking.
  - \* Anthroposophic Thought-Life: must be a copy of pure mathematical judgments and conclusions!
  - \* This regulated-thinking leads from sure points to hidden truths.
- 9.14.24 THE WILL to be PERMEATED by Laws of Good and True:
- \* Actions goverened strictly by laws of beauty and truth, not feelings.
  - \* Everyday actions based on personal self-will! (Success and advantage)
  - \* The STERN LAWS: Renunciation of Fruits of Action and All Self-Will.
  - \* Man becomes free of all compulsions, thus spiritulizes himself.
  - \* The STRIVING MAN, is guided by Truth, out of the jungle of errors.
  - \* The Eternal Laws of the Spirit finally become Lord in Man.
- 15.5 THUS by strict control of Thinking and Will, Man becomes a PARTICIPANT in Spirit-Life! Not merely sees it, clairvoyantly.
- 10.16.16 ACTIVE TRANQUILITY sublimates emotions. Feelings become Seeings!
- \* Subjective experiences transforms into Spirit Perceptions.
  - \* Feelings become transparent window-organs for Messages.
  - \* Inner Balance (calm) lets Pleasure/Pain guide soul safely on path.
  - \* Living 'by means of' not 'in' feelings, forms the eyes and ears for spirit inspirations.

- 17.7.8 UPPER SELF emerges from LOWER:  
\* Transient Self and Permanent Self: Perishable and Imperishable!  
\* See the Eternal part in All Things! What in it endures forever?
- 18.5 EVERYDAY EXPERIENCES AND HEIGHTENED:  
\* We see every little thing...Sub Species Aeternitas.  
Pale thought becomes spiritual juicy.
- 19.7 ONLY A QUESTION of Effort and Time! Learn to Wait and to WORK!
- 20.12 New Sense of Value of Things thru LOVE OF THE ETERNAL:  
\* A great change comes over one: a New Relation to the World.  
\* All things become images of the Eternal. HE LEARNS TO LOVE.  
\* The TRUE DISCERNER, his clear survey, his just and healthy feeling, assigns all things their proper value and place.
- 12.21.8 THUS, The SEEKER OF KNOWLEDGE acts in harmony with the World Order!  
\*Thru Higher Knowledge He has seen the Eternal in things, and this lives in him.  
\*When he acts, he acts out of this Eternal Being in Things, hence out of the moral world order.  
\* As impeller, no longer impelled, he moves things according to their own laws, not his.
- \*
- 22.12 THAT DISTANT GOAL – FREEDOM, THE MORAL SOURCE of MOTIVES for ACTION  
\*Acting out of your own Being: the Ideal for which we strive.  
\* The WILL TO RECOGNIZE THE ROAD – is our Will to Freedom.  
\* MOTIVES not out of the essence of things, Oppose the world order!  
\* And his plan must fail! Arbitrary-will..self-destructs!  
The effects of his deed destroys the doer.
-